

Multi SkillZ Coach Empowerment

As a sports coach, you will learn what does and does not work in practice. You learn by trial and error and invest time and energy to get better. But how would it be if you can skip some tough lessons, avoid mistakes and apply proven success formulas?

The following Multi SkillZ Coach Empowerment process from C2C helps you to master the necessary skills and to acquire the Multi SkillZ knowledge to put in practice. In the energetic sessions you will learn many unique drills and grow as a coach. The course is built up progressively. At the same time, each session is valuable on its own.

In addition, you will have the opportunity to expand your network and partners. Grow are never alone! Be part of a group of sports facilitators who understand each other and help, in all sports. Invest in yourself and activate your potential! The unique C2C approach in the workshops and bootcamp will give your competences and motivation a huge boost!

1.0

Make your children fond of moving

On the workshop 1.0 you will learn

- ✓ how to easily create joy of movement with little material
- ✓ how to make exercises in to challenging and fun drills
- ✓ gain motor skills more effectively in a creative way
- ✓ unique exercises which you can immediately

And much more...

2.0

Create a challenging learning environment

On the workshop 2.0 you will learn

- ✓ the 2 core principles that result in faster and better learning
- ✓ to vary exercises to stimulate all motor components
- ✓ to adapt and implement the right progressions to develop your kids
- ✓ new en creative drills

And much more...

Multi SkillZ Bootcamp

The **Multi SkillZ Bootcamp** learns you in 2 days how to:

- ✓ create games and integrate in your lesson or training
- ✓ use progressions more efficiently
- ✓ increase the result through organisation forms and systems
- ✓ have more impact through your coaching on small and large groups

And much more...

BOOTCAMP

Sign up www.coach2competence.com/agenda